



SHAPE BN Commander
LTC Joseph R. Calloway
SHAPE BN CSM
CSM Teresa King

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SHAPE BATTALION

Soldier Family Readiness Newsletter

August 18– BN Organizational Day

The SHAPE Battalion's annual Organization Day is once again upon us. August 18th will be a fun-filled day for the entire SHAPE Family. The event will take place at the pavilion behind the Green Gym. For the children, there will be a wide variety of games and activities to help wear them out so Mom and Dad get a good night's sleep. Will the Gators retain their Dodgeball Championship Title? Find out or, better

yet, get your team together and help derail the Alpha juggernaut. Food and refreshments will be provided courtesy of the SHAPE Battalion and its Soldier Family Readiness Groups. This is especially important as the SHAPE Dining Facility will be closed so they too can join in the festivities. This event is open to all SHAPE Battalion Soldiers, Civilians, and their family members. Please join us

for this well-deserved day of fellowship and fun. Contact the Battalion S1 at 065443030 (SHM 3030) with any questions you may have.



One Day Family Retreat for Family Wellness

When: Saturday, August 5

Time: 0900-1530

Where: Building 13

Daumerie Concern



This retreat will be conducted by Chaplain Jeff Walden, the community Family Life Chaplain, at the Benelux Family Life Center. Lunch and materials are provided by the US Army Garrison Benelux Chaplain's Office. No matter your religion or beliefs, this retreat is for every family. Families will learn tools to manage

your family in healthy ways, how to bring out the best in each other, ways to encourage and support one another, alternatives to physical punishment, and skills to encourage self-esteem and self-confidence in parents and children. If you would like more information, or would like to register for this retreat, please call DSN 361-6021 or CIV 068.27.6021.



As August is upon us, and the summer is rapidly slipping away, we have another busy month ahead of us. We have four events going on in August. On the 16th of Aug, we will be holding our monthly SFRG meeting followed by the pricing of the flea market items. On the 18th of August, we have

Commander's Corner

BN Organizational Day. I urge all the Soldiers, Families, and Civilians to come out and join us for this day of food, games, and comradeship. On 20 Aug, we will be selling our donated items at the SHAPE Flea Market. If you would like to help sell or take a look at all of our treasures, then stop by from 0800-1200. Last but not least, is the Fun for All Fest on 26 Aug. from 1100-2200. Once again, we will be setting up a taco stand and dunk tank with A Co. and this time we are adding a baked potato bar so come on out and support your SFRG! Have a great month and I look forward to seeing you at these events.

CPT Dennis Slattery

Predator News

Congratulations to Alicia Nunez, wife of SGT Victor Nunez, on obtaining her United States citizenship! She worked very hard and being overseas made this process even more difficult to achieve. We are all very proud of her.

Promotions

Congratulations to the following Soldiers for their selection to the next higher grade.

Promotion to SSG

SGT Harris

Promotion to SPC

PFC Gorski

PFC Sisneros



The August "Predator" of the month comes to us from Battalion HQ. SPC Tiffany Cunnally is an outstanding performer in her job as well as someone who can be counted on in any area needed. Now is your chance to get to know a little more about SPC Tiffany Cunnally.

Where are you from? West Chicago, IL

"Predator" of the Month: SPC Tiffany Cunnally

What do you miss the most about the United States? My family and my husband's family.

What is your favorite thing about living in Belgium? The opportunity to travel.

What are your hobbies, interests? Writing and photography, which go hand in hand with what is great about living in Europe. It's a great place to be inspired to write and take photos.

If you had to pick one restaurant to open up on SHAPE what would it be? Mexico Chiquito; it's an authentic Mexican Restaurant from my home town; Mexican food is my favorite!

Do you have children? I have two boys Noah (5) and Reid (3), and a girl on the way to balance things out around the house.

When is your due date? 25 August

What is something you can tell us about yourself that no one may suspect? I am a very proud liberal-minded and eccentric being. I love tattoos, art, music concerts/festivals, museums, and I would probably wear my hair funky colors if I could. I value open-mindedness, the advantages of an education, and find it imperative to raise my children with the same principles.

Congratulations SPC Cunnally!



We would like to take this time and welcome our new arrivals to the S.H.A.P.E./Chievres community. We understand that this will be a transition like no

News from the Swamp



other, due to the uniqueness of our community, but with a highly qualified sponsor and a command who is willing to go that extra mile; your transition and stay will be warm and comfortable.

A warm welcome to our new arrivals:

LTC Crott, Derik
MAJ Short, Robert
MAJ Oliver, Thomas
MAJ Zemp, Sidney
SFC Benson, Warren

SSG Ragland, Danielle

SSG Tackett, Jon

SSG Ross, Deanna

SGT Kay, Christin

SGT Brown, Patrice

SGT Pender, Michael

SGT Stewart, Nedra

Congratulations to our Soldiers who recently earned the Combat Action Badge for their heroism during Operation Iraqi Freedom, Soldiers who reenlisted to stay Army and Soldiers who the Army saw fit to promote to the

next level.

Combat Action Badge

SGT Dickerson, Otis

SGT Wear, Anna

SGT Bates, Cobey

SGT Fisher, Robert

Reenlistments

SFC Novackovich, Melissa

SPC Pickett, Gary

Promotions

PFC Neuser, Aunna

PFC Niemela, Robbie



I take this opportunity to briefly introduce myself to the Soldiers and family members assigned to Alpha Company, SHAPE Battalion. My name is Leisha K. Hall. I am the proud mother of

A Note From Our SFRG Leader

three boys: Omar, Kamar and Israel. I am from Atlanta, Georgia. My father was in the Air Force, so I did not spend too much time in Georgia; I spent all my time traveling the world. I graduated from Robert D. Edgren High School, Misawa A.B., Japan. I was accepted to Shaw University in Raleigh, NC and later transferred to North Carolina Central University where I obtained my Bachelor degree in Business Administration. Charles and I married in the fall of 1998 and moved to Georgia to start his military career.

We asked Leisha the same ques-

tions we ask our Gators of the Month, and these were her answers. **What are your hobbies?** My hobbies are church, shopping, traveling, and being with friends. **What is your favorite thing about living in Belgium?** My most enjoyable things about living in Belgium are the diversity of its people, it's an awesome location and the chocolate! **What do you miss most about the United States?** What I miss most about the United States is the ability to find bargains. **If you could have any restaurant built on SHAPE, which**

would it be? If I could have a restaurant built on SHAPE, it would be a **Chick-Fil-A**. I would like to thank everyone for the great support you have given Alpha Company over the past two years. The Soldier and Family Readiness Group has made great strides in improving communication with its assigned personnel. If there is anything that we can do better, please feel free to let us know. Thanks and have a safe and blessed day.



This is your chance to meet another "Gator" from our A Co. family. SGT Wear works as an MP on SHAPE. She is one of the most dedicated, energetic Soldiers you will ever come across.

"GATOR" of the Month—SGT Anna Wear

Where are you from? I am from Hays, Kansas

What are your hobbies, interests? Traveling, Crochet

What is your favorite thing about living in Belgium? Belgium is centrally located making it easy to travel.

What do you miss most about the United States? The food and my family

If you could have any restaurant built on SHAPE, which would it be? Outback Steakhouse

If you won a million dollars, what would be the first thing you would buy? A house for my dad.

What is something you can tell us about yourself that no one may suspect? My Grandfather and my Father are the people I look up to the most and I strive to be a great leader like they were and are. My grandfather came in as a PVT and made his way through the ranks as an NCO; he got a battlefield grade commission and retired as a 1LT. He went through Ranger School with

one eye after he lost it in Korea. He was a Jumpmaster, Combat Medic and a Pathfinder. My father was a Ranger and a Jumpmaster and retired as a SFC; he was a Ranger Instructor at Eglin AFB, FL. He is currently in Kuwait as a DOD Contractor with a company called MPRI. I am third generation ABN and hope to go through Ranger School so I can fill the shoes of the people I admire so much. People may expect that from me but not too many people know it.

Congratulations SGT Wear!



Recipe of the Month-Baby Back Ribs



like Applebee's®

*Boiled, brushed with sauce, then broiled,
these ribs are tender and full of zesty flavor.*

Serves: 2-4

Prep. Time: 1:15

3 lbs. pork baby back ribs - cut in 2-4 sections

1 cup ketchup

1/4 cup apple cider vinegar

3 Tbls. dark brown sugar

3 Tbls. Worcestershire sauce

1 tsp. liquid smoke 1/2 tsp. salt

-Place ribs in a large pot and fill pot with enough water to cover ribs.

-Bring water to a boil, reduce heat, cover and simmer for 1 hour, or until ribs are fork tender.

-While ribs are boiling, combine remaining ingredients in a medium saucepan and bring to a boil.

-Reduce heat and simmer, uncovered, stirring often, for 30 minutes, or until slightly thickened.

-Place boiled ribs, meat side down, on a broiler pan.

-Brush with half the sauce mixture and broil 4"-5" from heat for 6-7 minutes.

-Turn ribs over, brush with remaining sauce, and broil additional 6-7 minutes, or until edges are slightly charred.

Military News You Can Use

The Army Spouse Employment Partnership: Meeting the Challenge of Military Spouse Employment.

With frequent moves preventing them from moving up the career ladder in a single workplace, military spouses face unique career challenges. The good news is that the corporate world is beginning to take notice, thanks to the efforts of the Army Spouse Employment Partnership (ASEP) and the dedicated spouse employment advocates on Army installations worldwide. In a series of virtual meetings throughout the month

of June, Army Employment Readiness Program Managers engaged in a candid exchange of information, challenges, and good ideas concerning spouse employment. Participants reported many successes in connecting spouses to jobs with ASEP partners and local small businesses. As of June 30th, there were over 35,293 jobs listed on the ASEP jobs and resume database at www.MilitarySpouseJobSearch.org.

More than 150 spouses recently attended the first annual Military Spouse Career Expo at Fort Belvoir, VA, which was co-sponsored by the USO of Metropolitan Washington,

Fort Belvoir ACS and local military employment counselors. The agenda featured seminars led by notable subject matter experts on the Federal Job Process and Resumes, Small Business Development, Dressing for Success, and Virtual Jobs. Andrea Hall, ASEP Program Liaison for ASEP partner Computer Sciences Corporation (and an Army spouse) talked with spouses throughout the day about job opportunities through ASEP. For further information about these and other Army Spouse Employment Partnership initiatives, contact Karalee Romaneski at karalee.romaneski@cfsc.army.mil.

Protocol Tip of the Month-Sending out Invitations

Sending out invitations: The rule of thumb is that they should arrive 10-14 days ahead of the event when it is a small event, and 30 days ahead for a large event. Always give more notice around holidays and summer, since they are busy times. Be specific with information on the

invitation (dress code, etc...). If you have a guest of honor, include a guest list for them. Have the invitation and the type match the event. Proofread it carefully to avoid unnecessary problems. Always keep your R.S.V.P. list handy by your phone so as people call, you can check them off.





HHC AUGUST SFRG MEETING

Date: 16 August 2006

Time: 1700

**Where: Building 305
in the common area**

Come join us for refreshments and
companionship at the
June SFRG Meeting!

Please contact Chantelle Slattery for information– 065.44.8109 or 065.347.019

SHAPE News You Can Use

- * L.A.B.– Learning About Belgium Classes, 28, 29, 31 August, 0900-1300 at the SHAPE Events Center. For registration or more information, please contact Laurie Bach at x4269 or 065.44.4269.
- * SHAPE Entertainment Centre– Showing Disney's Aladdin Jr. 3 Aug @ 1930, 4 Aug @ 1930, and 5 Aug @ 1400 and 1930.
- * SHAPE Language Centre– Summer Session 2, 1-22 August. Intensive courses in French and English.
- * SHAPE Trips and Tours has Walibi Passes- €27, 065.44.3884.
- * SHAPE Trips & Tours is going to the Netherlands on 26 Aug. Taste cheese, see windmills and have the opportunity to purchase Delft Blue Pottery, €32.
- * Did you know that Outdoor Recreation here on SHAPE sells ice? They also have camping equipment, bikes, tables, chairs, grills and much more for rent. Call x5380 for more information.

4th of July SFRG Fundraiser

SGT Oliver, SSG Gales, and SGT Quaynor add the finishing touches to the taco stand.



The GB fest area was a popular spot this 4th of July. Over 5,000 Shapians came out to wish America a Happy Birthday. In a joint endeavor, ACo and HHC SFRGs held a fundraiser at this years celebration. Along with a dunk tank, the SFRGs had a

walking taco stand. What's a "walking taco" you may ask? A crushed bag of Doritos, ground taco meat and all of your favorite taco toppings make up the walking taco. After adding all of the ingredients in the Doritos bag, stick in a plastic fork and you're ready to "walk" away with this tasty contraption. With the help of over 30 volunteers manning the dunk tank, preparing, serving, and manning the taco stand, this fundraiser turned out to be a great success. Whether you helped prepare food, set up, served food, jumped in the dunk tank, took money, threw a ball at one of the SHAPE BN leaders, or walked away with a taco, your help was truly appreciated. We look forward to doing

it all over again on 26 August for Fun Fest. If you would like more information about this event, please call the SHAPE BN Family Readiness Support Assistant, Chantelle Slattery at 065.44.8109 or DSN x8109 for more information.



1SG Thomas takes a turn in the dunk tank.

BN Softball Team Ends Season Undefeated

The SHAPE Unit Level softball season ended with SHAPE BN taking first place with their undefeated 14-0 season. Coach Ameer Ortiz gives credit to the players. "This is simply the most cohesive

15 of the 19 players listed on the 2006 roster.



CPT Slattery and CPT Hall stand with Coach SGT Ameer Ortiz as the team receives their first place trophies.

team I've ever seen. Top to bottom, everybody that showed up put the team first. We may not have the best talent, but we do have the best "TEAM". Its been a pleasure to coach and play for USANATO GATORS. I also appreciate all the support from the fans that showed up."

Congratulations Gators for a well played season!



Here's to the end of a long season, SSG Maxwell relaxes between games.



Imagi Park

Date: 25 August

Time: 1700-?

Where: Imagi Park, Mons

Come join us for the August SFRG Meeting! The SFRG is paying the entrance fees, so grab your family and prepare yourself for a fun-filled evening!

Please call A Co. SFRG Leader Ieisha Hall for information-0476.601.435

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SOLDIER FAMILY READINESS GROUP

Unit 21420

BLDG 305, RM 132

APO AE 09705



August Calendar of Events



1 Aug– Play Morning

0900-1100 SHAPE Health Clinic

3 Aug– Chievres Library Story Time

Every Thursday 4:30-5:00, for children of all ages

16 Aug– Lap Sit Story Time

Every Wednesday @ SHAPE Library 0930-1030

16 Aug– HHC & A CO SFRG Meeting

See enclosed flyer

20 Aug– SHAPE Flea Market 0800-1200

21 Aug– First Day of School-Grades 7/12

26 Aug- Fun For All Fest– GB Fest Area

27 Aug– Casteau Walk About

For information call Elleke Kwarten at 065.73.0316

Questions? Ideas? Please call our Family Readiness Support Assistant, Chantelle Slattery at 065.44.8109 or DSN x8109 or email ChantelleSlattery@usanato.army.mil